



EVENTS ORGANISED BY
ARKA FOUNDATION
CENTRE FOR CONSCIOUS AWARENESS, INDIA

Talks and Training programme by
SRINIVAS ARKA

Talk on “Stress Management”
followed by Practical Workshop at
**Central Sericulture Research
And Training Institute**

- ❖ Saturday, 20th December 2008
- ❖ 2 pm to 5 pm
- ❖ CSRTI Auditorium,
Manadavadi Road, Srirampura, Mysore



Talk on “Light of Learning”
at **Anaathalaya** (Orphanage)

- ❖ Sunday, 21st December 2008
- ❖ 6 pm to 7:30 pm
- ❖ Thathaisa Anathalaya,
Beside Shanthala theatre,
Veene Sheshanna Road, Mysore



IIP (Intuitive Intelligence Program) TRAINING

for JCI Brindavan Members, Mysore

- ❖ Sunday, 28th December 2008
- ❖ 10 am to 4 pm
- ❖ Arka Foundation Centre,
Kaniyana Hundi Gate,
Bogadi-Gaddige Road, Mysore



Beeru Hundi Post, Near 16th KM Stone, Bogadi-Gaddige Road, Kaniyana Hundi Gate, Mysore, India
+91-821-2598749 admin@arkafoundationindia.org, www.arkafoundationindia.org



*“Question is for the mind,
Answer is for the heart,
Experience is for the soul.”*

- Srinivas Arka

About Srinivas Arka

- ❖ Modern day Yogi, Philosopher, Author and Inspirational speaker from Mysore, India
- ❖ Developed fine form of Intuitive Meditation called **ARKA DHYANA**, which is unique, effective and practised by many people around the world
- ❖ Travelled widely around the world for over two decades, sharing his ideas with people from various backgrounds, cultures and professions, and advising thinkers, policy makers, professionals and students
- ❖ His spiritual philosophy centres on the need for balance in our lives, and importance of reaching an equilibrium in family, professional and social responsibilities
- ❖ Founder of charitable organizations: Centre for Conscious Awareness in U.K., New Zealand, Spain, Canada, Australia, India

*“Development of intuitive wisdom,
establishing deeper connection with nature
and finding inner peace
become possible mainly through spiritual means,
especially through Meditation.”*

- Srinivas Arka

Website:

www.arkafoundationindia.org
www.centreforconsciousawareness.org
www.srinivasarka.org
www.arkadhyana.org
www.arkamahaganapathy.org

Email:

admin@arkafoundationindia.org . admin@centreforconsciousawareness.org